

Use the size charts below to help you find the right size

## How to measure yourself

Use a measuring tape or string and a ruler to measure your body

### Measure your Chest / Bust

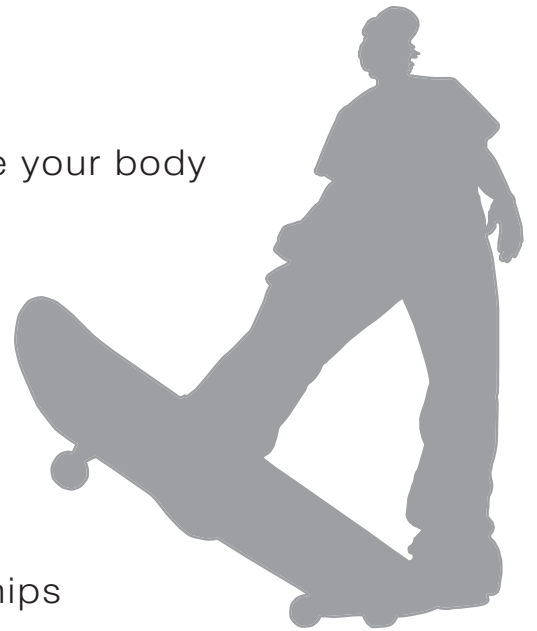
Take this measurement around the fullest part of your chest / bust - take this measurement under your arms

### Measure your Waist

Take this measurement around your waist - keep the measuring tape or string a bit loose

### Measure your Hips (girls only)

Take this measurement around the fullest part of your hips take this measurement at the top of your leg



### Men's Shirt Sizes

Size	XS	S	M	L	XL	XXL
Chest Measurement (inches)	30-33	34-37	38-40	41-43	44-47	48-50

### Men's Pant Sizes

Size	XS	S	M	L	XL
Waist Measurement (inches)	24-28	29-31	32-34	35-37	38-40
Inseam	30	31	32	33	34

### Youth Sizes

Size	XS	S	M	L	XL
Youth Numeric Size	8	10	12	14	16
Height (inches)	47-49	50-53	54-58	59-63	64-68
Weight (pounds)	45-55	56-75	76-95	96-115	116-135

### Helmets and Flexfit Hats

Size	S-M	L-XL
Head Circumference (inches)	21 1/8 to 22 1/4	22 1/4 to 24

### Girls Clothing Sizes

Size	XS	S	M	L	XL
Youth Numeric Size	0-1	3-5	7-9	11-13	15-17
Bust (inches)	31-32	33-34	35-36	37-39	40-42
Waist (inches)	23-24	25-26	27-28	29-31	32-34
Hips (inches)	33-34	35-36	37-38	39-41	42-44

\*Please note that Active Mailorder Girls Clothing sizes are Juniors sizes